

Start the conversation to start the relief



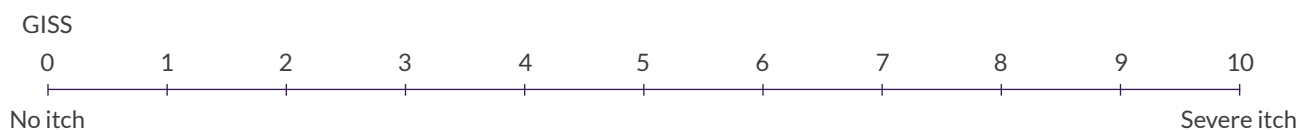
You want relief from itch, but where do you start? Print and fill out this Dermatologist Discussion Guide to get the conversation going.

It's not just about itch intensity—it's also about how itch can persist and affect so many parts of your life. It can be relentless, affecting work, relationships, social activities, self-esteem, and sleep.^{1,2} You deserve healing you can really feel, both outside and in. To help explain the full impact of your itch to a dermatologist, consider the questions below.

HOW ITCH AFFECTS MY DAYS AND NIGHTS

Select the response that best represents the impact itch has on your life.

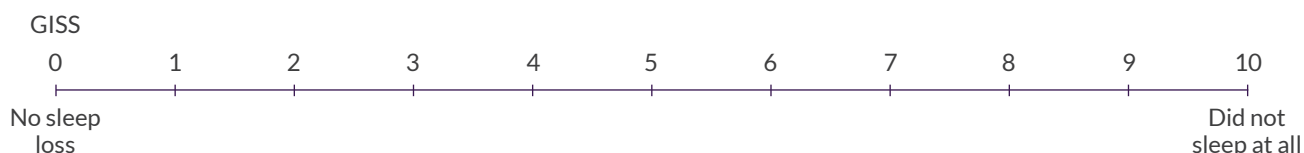
1 | How would you rate the intensity of your itch in the last 7 days?



2 | How often were you affected by episodes of intense itch in the last 7 days?



3 | How would you rate your sleep loss in the last 7 days?



GISS=Galderma® Itch Severity Scale.

Important Safety Information

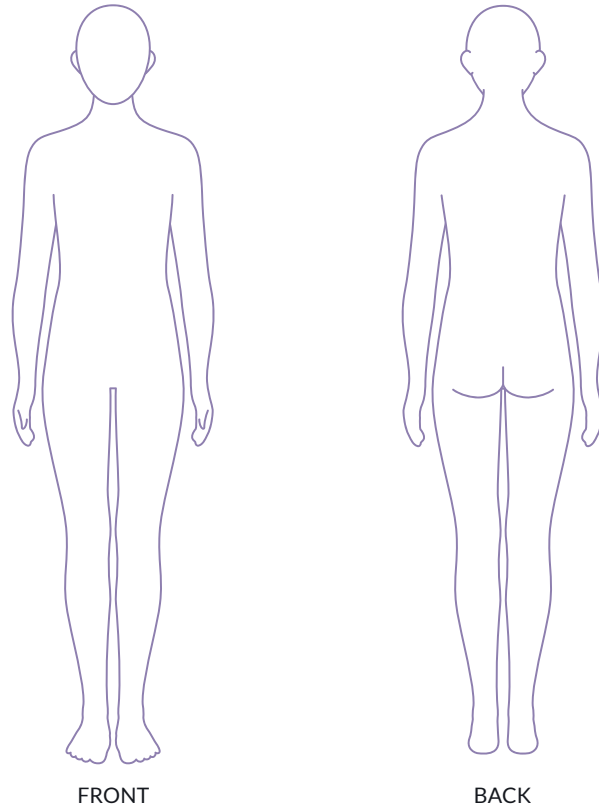
Indication: NEMLUVIO® (nemolizumab-ilto) is a prescription medicine used to treat adults with prurigo nodularis.

Please see Important Safety Information throughout, accompanying full Prescribing Information including Patient Information, or visit nemluvio.com.

HOW ITCH AFFECTS MY DAYS AND NIGHTS (CONTINUED)

Where does itch affect you most?

Circle the areas of your body where your skin is affected by intense and/or persistent itch. Then, share this with a dermatologist to help you discuss your biggest concerns.



Please describe how itch disrupts your life (things like work or school, social or leisure activities, relationships, self-esteem, etc).

Important Safety Information

Contraindication: Known hypersensitivity to NEMLUVIO or any ingredients in NEMLUVIO.

Warnings/Precautions: Hypersensitivity reactions have been reported with NEMLUVIO use. You should not receive a live vaccine right before or during treatment with NEMLUVIO.

Please see accompanying full Prescribing Information, including Patient Information or visit nemluvio.com.



MY TREATMENT GOALS

I would like a treatment option that helps provide (check all that apply):

- Fast and lasting itch relief
- Lasting skin clearance
- Fewer sleepless nights
- Convenient dosing and storage

Based on the way itch affects your days and nights, what are some other goals you have for treatment?

Do you have any feedback about treatments you've tried before (side effects, dosing schedule, not seeing the results you were hoping for, itch that just won't stop, etc)?

If you were enrolled in a patient support program while taking treatment, were you satisfied with the level of support you received? If not, are there areas in which more assistance would be beneficial?

Additional Notes

Important Safety Information

Adverse Events: Most common side effects of NEMLUVIO include: headache, skin rashes: atopic dermatitis (a type of eczema), eczema, and eczema nummular (scattered circular patches).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see accompanying full Prescribing Information, including Patient Information or visit nemluvio.com.



Could NEMLUVIO be the right option for you?



As soon as 48 hours,* NEMLUVIO® relieves itch fast with skin healing that lasts—so you can have better days and nights.^{3,4}



Scan the code to explore more at nemluvio.com

*Data from post-hoc descriptive analysis of daily Peak Pruritus Numerical Rating Scale improvement. About half of adults using NEMLUVIO achieved significant itch relief by Week 16 (49% vs 16% with placebo).^{3,4}

References: 1. Ludman P. Prurigo nodularis. American Academy of Dermatology Association. Updated September 14, 2021. Accessed June 18, 2024. <https://www.aad.org/public/diseases/a-z/prurigo-nodularis-symptoms> 2. Williams KA, Roh YS, Brown I, et al. Pathophysiology, diagnosis, and pharmacological treatment of prurigo nodularis. *Expert Rev of Clin Pharmacol.* 2021;14(1):67-77. 3. NEMLUVIO (nemolizumab-ilto) injection 30 mg Prescribing Information. Dallas, TX: Galderma Laboratories, L.P.; August 2024. 4. Galderma Laboratories, L.P.; data on file.

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